Cross-curricular extension unit 6

Physical education: Competitive sports

1 Sports can be team sports (two or more people play them in a team) or individual sports (one person plays or does them). Add the sports in the box to the table.

athletics basketball baseball cricket football golf gymnastics handball hockey ice skating judo rugby snowboarding swimming volleyball weightlifting

Team sports	Individual sports
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2 Look at the sports in exercise 1. Then ask and answer the questions.

1 Which sports do you like playing? 2 Which sports do you watch on TV?

3 Draw lines to match the words with the pictures.





4 Answer the questions. Use words from exercises 1 and 3.

- 1 Where do people play football, rugby, or baseball? On a _
- 2 Which sport (athletics, gymnastics, judo or weightlifting) do people do on a track?
- 3 What do sportspeople usually get if they win? A _____ or a _____.
- 4 What do runners and swimmers compete in? A ______.
- 5 What sport do people do on a rink?



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5 Write the sports. Then write *T* for team sport or *I* for individual sport.





6 Which two sports in exercise 5 are in the Olympics? Read the text and check your answer.

_____ and ____

The Olympic Games

What are the Olympic Games?

The Olympic Games are famous sports competitions. Countries compete in the Summer and Winter Olympics every four years.

Where are the Olympic Games?

The Olympic Games are in different cities each time. An 'Olympic Village' has got special sports facilities, like football pitches and swimming pools.

What sports are in the Olympic Games?

In the Summer Olympics, sportspeople can compete in about 30 different sports. Individuals can do gymnastics, athletics and cycling, and teams can play baseball or volleyball. But some sports aren't in the Olympics. You can't play golf or rugby.

In the Winter Olympics, sportspeople can compete in about seven sports, like snowboarding and ice skating. A popular team sport is ice hockey – it's fast and exciting, but it's sometimes dangerous!

Who competes?

People from any country can compete, but they must be very good at their sport! Sportspeople must be very fit and healthy, and they exercise a lot before the competitions.

What do people win?

There aren't any trophies in the Olympics. If a sportsperson wins a match or a race, or gets a very good score, they win a gold, silver or bronze medal.





- 7 Read the text again. Then answer the questions.
 - 1 How often are the Winter Olympics?
 - 2 Which sports facilities are there in an Olympic Village?
 - 3 How many sports are there in the Summer and Winter Olympics?
 - 4 What sport isn't always safe?
 - 5 What can sportspeople win?
- 8 Write about a sports competition. Answer the questions.
 - 1 What is the sports competition? Which sport or sports are in the competition?
 - 2 Where do people play this sport / these sports? (Think about stadiums, pitches, courts, rinks, tracks or pools.)
 - 3 Where and when is the sports competition?
 - 4 What do sportspeople win?

