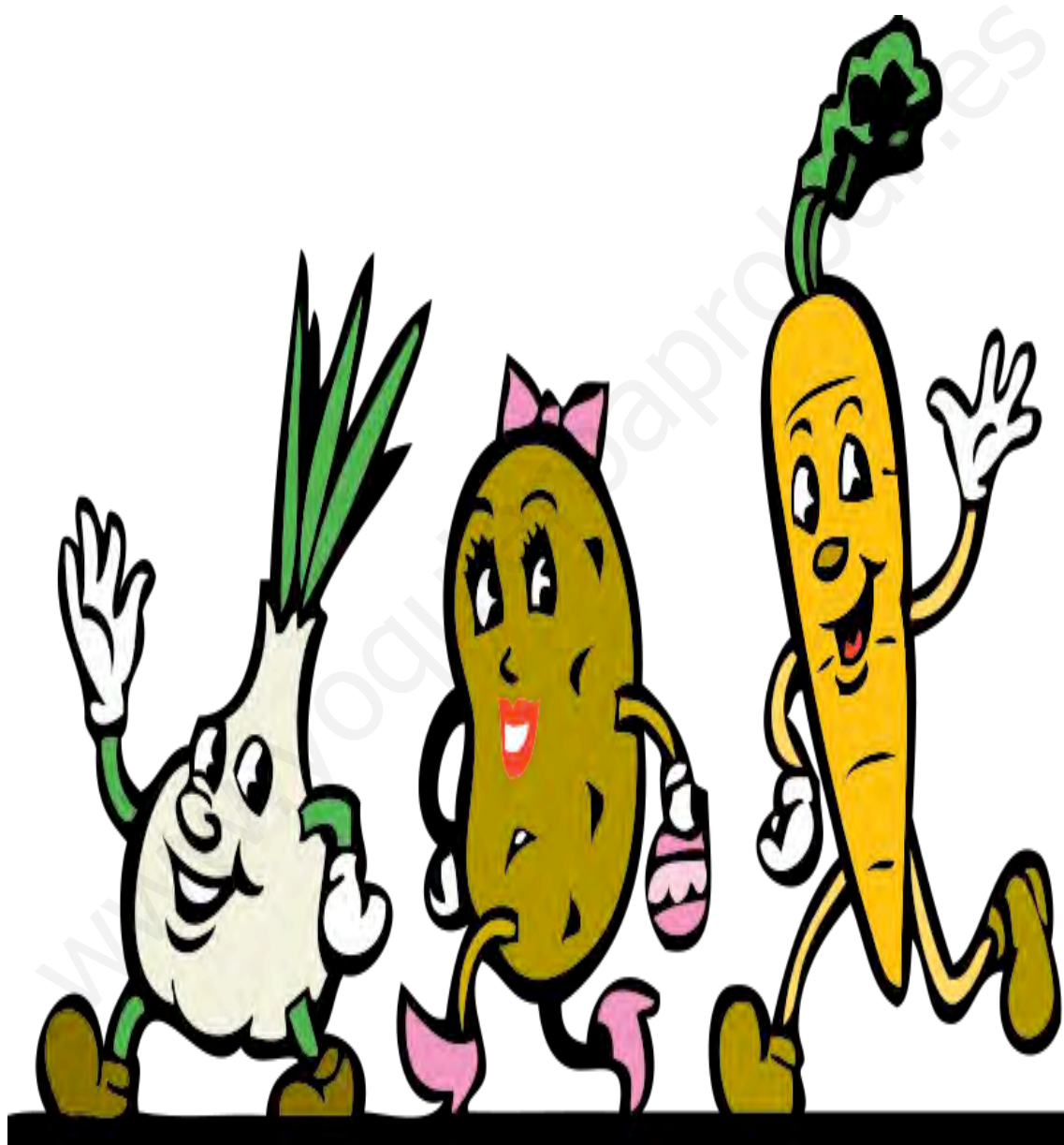


# Food and Meals



Name: \_\_\_\_\_

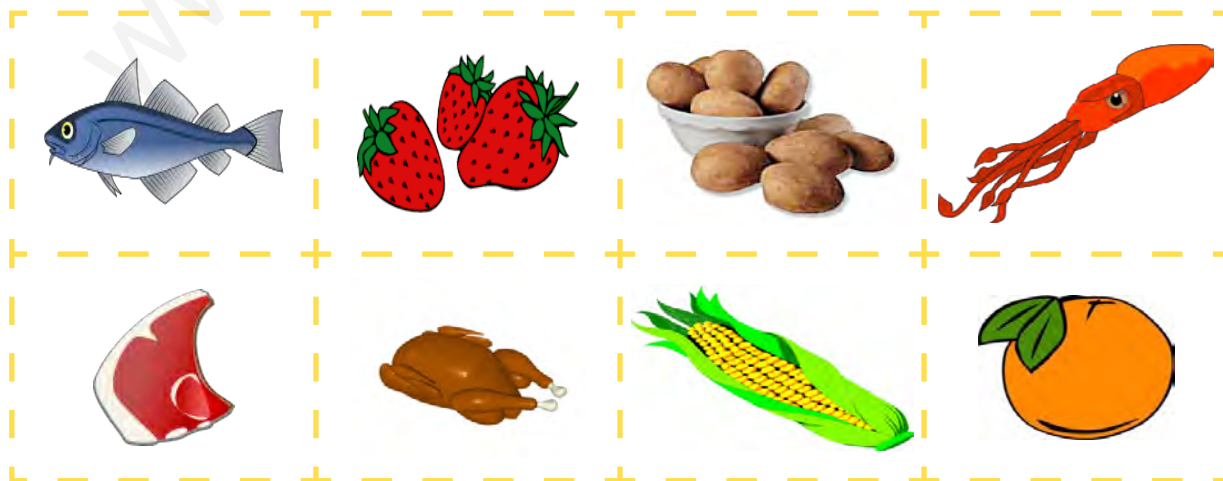
# 1. Food origins

1. Listen, point and repeat.

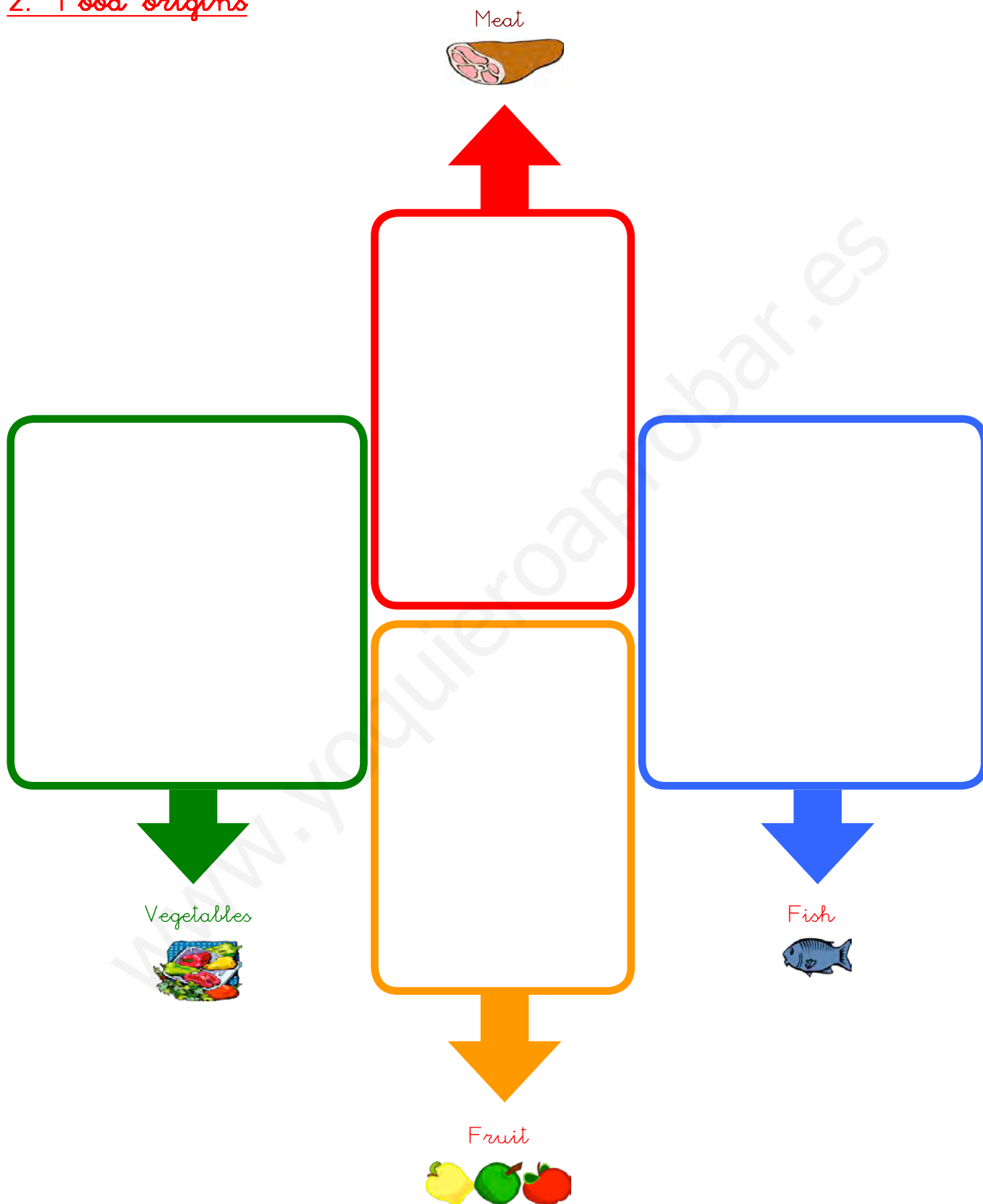


Meat	Fish
Vegetables	Fruit

2. Cut out the pictures of food.  
Stick them in the right place.



## 2. Food origins





### 3. Remember

Fish  and meat  come from  animals.

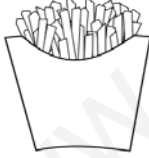

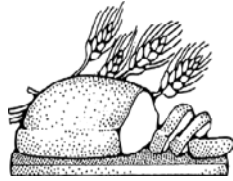
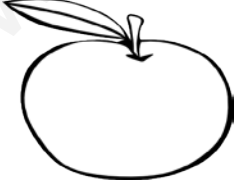


Vegetables  and fruit  come from plants. 

3. Follow the key and colour the pictures. Trace the labels.



 Food that comes from an animal. 

 Food that comes from a plant. 

		
French fries	Egg	Bread
		
Apple	Chicken	Milk

## 4. Preparing food

4. Label the pictures and match the uncooked food with the prepared food.



eggs

strawberries

potatoes

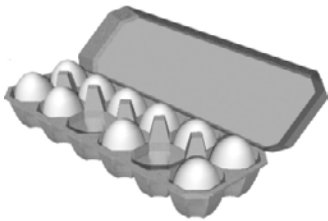
orange



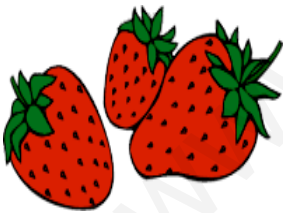
Orange



Strawberry jam



orange juice



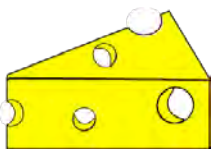
French fries



Fried eggs

5. Learn where our food comes from.

5. Listen and match.





6. Can you write these names in Spanish?  
Then listen, point and repeat.



Tuna: Atún



Cereal: .....



Eggs: .....



Ketchup: .....



Milk: .....



Juice: .....



Cheese: .....



Cow: .....



Steak: .....



Fish: .....



Cookie: .....



Wheat: .....



Bread: .....



Tomatoes: .....



Pasta: .....



Orange: .....













Butter: .....



Naranja, tomates, vaca, zumo,  
ketchup, atún, pescado, trigo, pan,  
filete, mantequilla, cereales, leche,  
huevos, pan, galleta, pasta

7. Can you write sentences? Use the words in the box. Look at the example.



<del>tuna</del>	<del>bread</del>	orange juice	<del>wheat</del>
			
fish	milk	tomatoes	cows
			
	ketchup	oranges	
			

1. Bread comes from wheat.
2. Tuna comes from .....
3. .... comes from .....
4. .... comes from .....
5. ....

8. Now listen and check your answers.



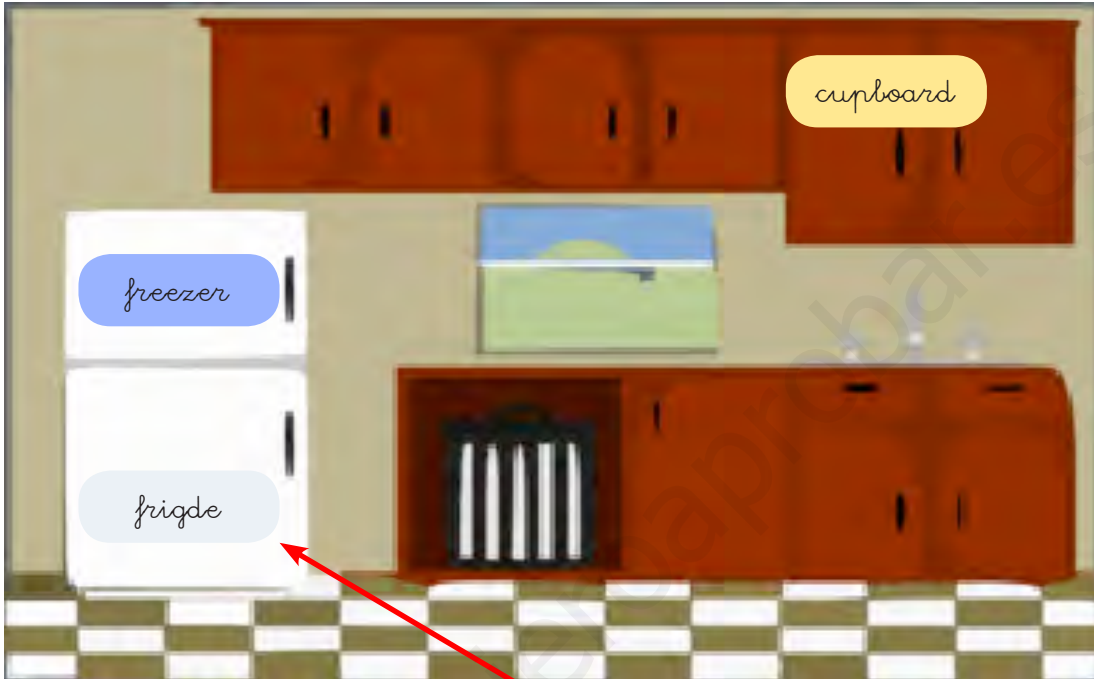
9. Look at the pictures and circle the fruits.



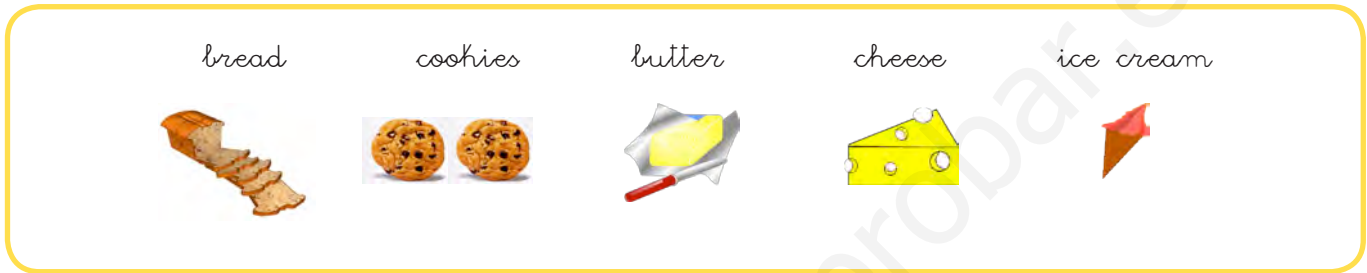


## 6. Where do foods go?

10. Match the food to the fridge, freezer or cupboard.  
Trace the food words.



11. Listen and repeat. Then, listen to the example and ask your partner.



Where does the bread go?



In the cupboard

Right! Your turn!

12. Write in order.



comes from	Milk	animals
------------	------	---------

.....

prepared food	is	Jam
---------------	----	-----

.....

in the freezer	Ice Cream	goes
----------------	-----------	------

.....

## 7. Daily meals

13. Listen and repeat. Then match the pictures with the labels.



Breakfast

Mid-morning break

Dinner

Lunch

Tea time



Mid-morning break

Breakfast

Tea time

Lunch

Dinner

14. Choose and mark three foods for each meal.

Breakfast				
Lunch				
Dinner				

15. Listen to Ann and circle the correct answer.



Breakfast  

Mid-morning break  

Lunch  

Tea time  

Dinner  

## 8. What do you like?













16. Follow the key and complete.



I like



I don't like

 Steak		 Salad	
 Fish		 Pasta	
 Cheese		 Vegetables	

17. Now write sentences. Look at the example.



I like pasta.



I don't like cheese



I .....



I .....



I .....



I .....

18. Listen and repeat.



19. Now, listen to the example and ask your partner.



Do you like fish?



No, I don't.

Yes, I do



Do you like salad?



20. Draw your favourite lunch on the table.



9 Pieces of cutlery

21. Listen, repeat and trace.



Plate



Spoon



Fork



Knife

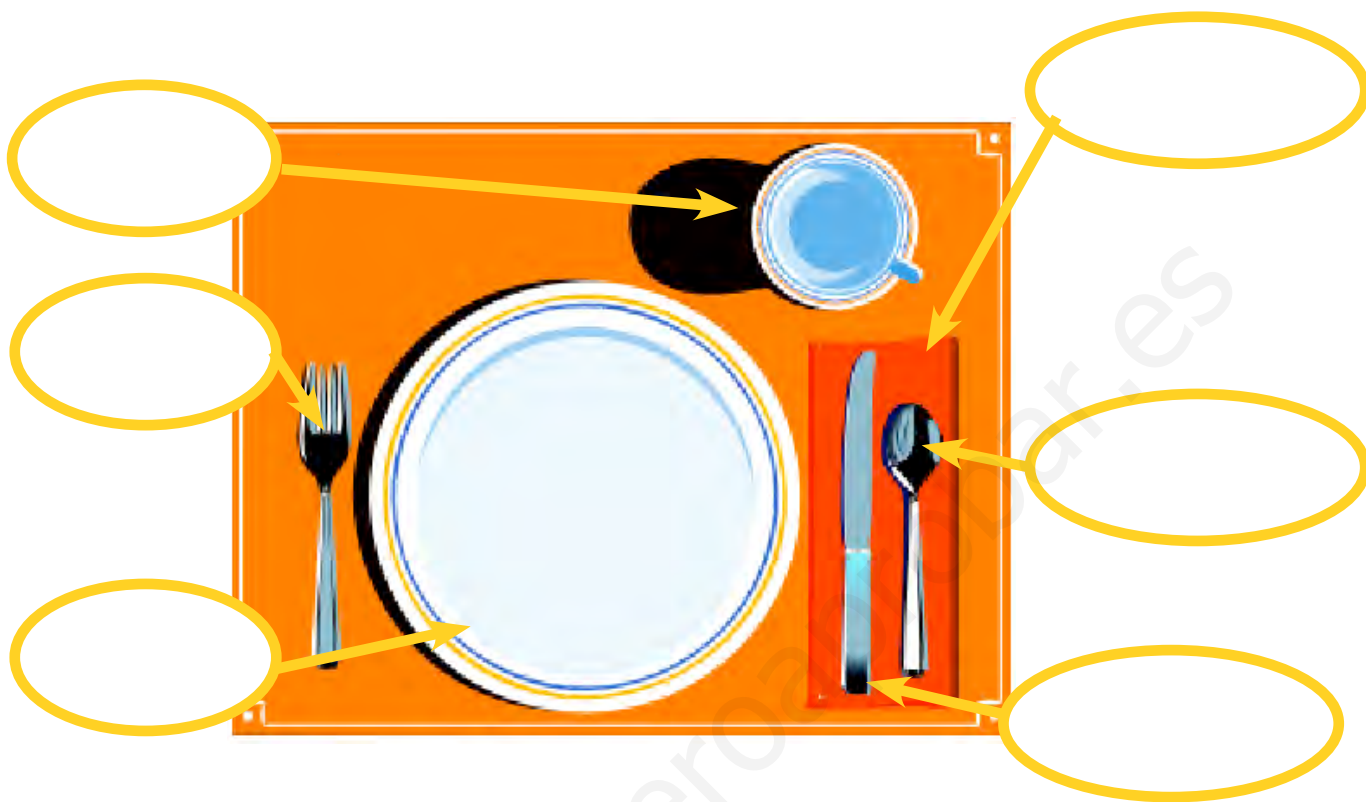


Glass



Napkin

22. Label the picture.



23. Draw a table with your favourite food and the pieces of cutlery.



## 10. Healthy food

24. Circle the healthy food.



chips



sweets



a carrot



milk  
and  
cookies



an orange



pasta



chocolate



salad

Don't eat a lot of sweets and chocolate.  
They are bad for you!



25. Listen, read and trace.



Before you eat you must ...



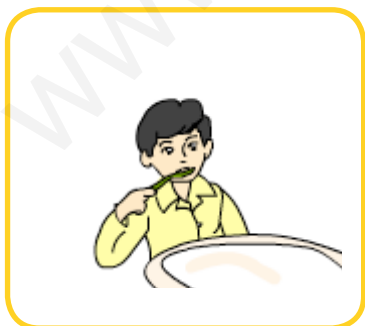
wash your hands.

While you eat you must ...











use a napkin.

After you eat you must ...



brush your teeth.

Self assessment. Mark with a tick your progress in this unit.

				
	I can recognise words and expressions related to foods, cutlery and daily meals.			
	I can read sentences about foods, daily meals and healthy habits.			
	I can speak about likes and dislikes, food origins and where foods go.			
	I can talk to my classmates about food origins and likes and dislikes.			
	I can write about food origins, likes and dislikes, where foods go, pieces of cutlery and healthy habits.			